## IMMANUEL LUTHERAN SCHOOL PANTHERS 2023 CROSS COUNTRY SCHEDULE

Date	Time	Event-Location
September 9	8:30 AM	Immanuel, Freeport Invite
September 13	4:30 PM	St. Peter and St. Paul, Cary Invite
September 20	4:30 PM	Immanuel, Crystal Lake Invite
September 27	4:00 PM	Immanuel, Dundee Invite
September 30	8:30 AM	St. Peter, Arlington Heights Invite
October 4th	4:30 PM	Zion, Marengo Invite
October 11th	4:30 PM	Immanuel, Crystal Lake Last Chance Meet
October 14th	TBA	LSA State Meet @ Trinity, Bloomington
October 21st	TBA	Lutheran National Meet @ Concordia University Wisconsin

