



IMMANUEL
CRYSTAL LAKE

May 2024

The Lord bless you and keep you; the Lord make his face to shine upon you and be gracious to you; the Lord lift up his countenance upon you and give you peace.
Numbers 6:24-26

Sun	Mon	Tue	Wed	Thu	Fri	Sat
PLEASE SEE BELOW FOR MILK & SALAD BAR INFORMATION			1 Beefy Mac & Cheese Butternut Green Beans Pears	2 Herb Roasted Chicken Biscuits Cucumber & Broccoli Ranch Grapes	3 Loaded Baked Potato Chili Cornbread Broccoli Apricots	4
5	6 Hot Dogs Tater Tots Celery & Ranch Applesauce	7 Beef Tacos w/ Fixings Refried Beans Chips & Salsa Mandarins	8 FIELD DAY BAG LUNCH EARLY RELEASE	9 Tomato Soup w/ Grilled Cheese Broccoli & Ranch Banana	10 Pulled Pork Sandwich Sweet Potato Fries Peas Pears Carrot Cake*	11
12	13 Buttered Noodles Roasted Tomatoes Roasted Chickpeas Carrots Pears	14 Blueberry Muffins Yogurt & Granola Hash Browns Peaches	15 Chicken Fried Rice Broccoli & Bok Choy Mandarins	16 Beef Nachos Black Bean Salsa Guacamole Sour Cream Grapes	17 Cheese Pizza Green Beans Mixed Fruit Brownie Cookie* Pre/K LAST DAY	18
19	20 Baked Chicken & Rice Carrots Broccoli & Ranch Pineapple	21 Pork Tacos Spanish Rice Street Corn Apples	22 Chicken Alfredo w/ Pasta Side Salad Roasted Zucchini Peaches	23 Breakfast Burrito Bacon Salsa Carrots Pears	24 LAST DAY OF SCHOOL NO LUNCH 11AM DISMISSAL NO BUSES	25
26	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL	

Fruits & Vegetables are subject to change due to quality and availability.

Milk (1% plain or skim chocolate*) is offered daily as a component of the meal. Students who do not drink/want milk may decline it if other required meal components are met.

Salad Bar is offered and made to order daily as a main entrée alternative and consists of the following ingredient options on a bed of lettuce: ham, chicken, green pepper, tomato, cucumber, carrots, cheddar cheese, and black olives. Choice of Ranch, Caesar, or Italian Dressing and a cracker/roll side is included with the Salad Bar.

***Preschool menu modifications:** As per the USDA, only unflavored milk is allowed, all grains are whole grain rich and no grain-based desserts are allowed.